

## LIFE COUNSELLING



**Merle Lifson-Dettori**  
**COUNSELLOR**  
**Tel: 083 709 0467 / 021 762 1773**

Grad.Dip.Couns.(S.A.C.A.P.)  
Registered Council for Counsellors, Reg No: IR 0469

## A Journey of Self-discovery, Healing and Transformation.

Personal Development: Learn How to Meet every Challenge or Stressful Situation with Peace and Confidence ♥ The Power of Choice and Self Responsibility ♥ Couple Counselling ♥ Spiritual Divorce ♥ Senior Citizens and Adolescents ♥ Emotional Distress: Anxiety Management Techniques ♥ Spiritual Issues ♥ Bereavement, Grief and Loss ♥ Pet Owners: Death of a Pet ♥ Trauma, Crisis and Conflict Intervention ♥ Spiritual Companionship and Counselling for those Living with Life Threatening Illnesses ♥ Workshops for Teachers and Parents and those who want to Help Bereaved Children in the School Environment and at Home ♥

♥ Become the Person You Want to Be ♥